

# Validate before Treatment Protocol

Stable jaw positioning of an oral appliance for optimal airway stenting during sleep requires a multidimensional perspective and ergonomic design. The Moses Trial Device is a new, inexpensive way to scientifically validate optimal airway stenting *with your treatment plan*.

*Hint: build 2-4 Moses Trial devices to test a range of mandibular positions*

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## Determine trial mandibular position

This is your professional determination of where the mandible should be for optimum airway stenting

### Useful Tools & Protocols:

- **Moses Bite Stix\***
- Moses Shims
- Manual Muscle testing
- Airway Metrics
- George Gauge / ProGauge

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## Build a Moses Trial Device

- Inject Bite registration material and hand craft a freehand Moses Alpha
  - **Kettenbach Futar\***
- Remove bite tool and create open anterior
- Trim the overnight trial device
  - Should look like a Moses Alpha

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## Measure the results of the Moses Trial Device

- **NightOwl MiniHST\***
- SleepSat pulse oximeter
- MediByte HST
- Itamar Watchpat HST
- Other recording devices

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## Select the Moses Trial Device with the best result

- Use as the bite to order a **Moses Alpha\***

\* Recommended